



SAM GOMEZ CLASSIC

October 26, 2008

Sponsored by:



SGA

Mass College of Liberal Arts

To Benefit: The Northern Berkshire
YMCA Youth Programs

Distance 5k (3.1 miles) Road Race

Entry Fee: Thirteen Dollars (\$13.00) Pre-Entry, Fifteen (\$15.00) on race day before 11:15 am.
*T-shirts to the first 100 Entries

Courses: Wheel Measured ---- Flat and Fast Road Surface

Time: 11:30 am. Starting Time

Splits: At 1 and 2 miles

Water Stations: At 2 miles and finish

Refreshments: Beef stew for runners following the race

Awards: Men and women:

1st, 2nd and 3rd overall
1st 2nd and 3rd in each age group

Under 12; 13 - 15; 16 - 19; 20 - 24;
25 - 29; 30 - 34; 35 - 39; 40 - 44;
45-49; 50 - 54; 55 - 59; 60 - 64; 65 - 69;
70 - 74; 75 & Over

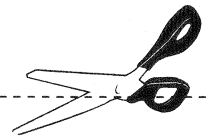
How to Get to North Adams

**From the EAST - Rt 2 West or Mass Pike West to
Rt 7 North**

**From the NORTH (Vermont) - Rt 91 South to Rt 2
West or Rt 7 South to Rt 2 East**

From the WEST (New York) - Rt 2 East

**From the SOUTH (Conn) - Rt 91 North to Rt 2 West
Or Rt 7 North to Rt 2 East**



Send check to: Sam Gomez Classic Road Race
c/o Student Government Association
Massachusetts College of Liberal Arts
North Adams, MA 01247

Name _____ Age _____ Sex _____

Street _____ City _____

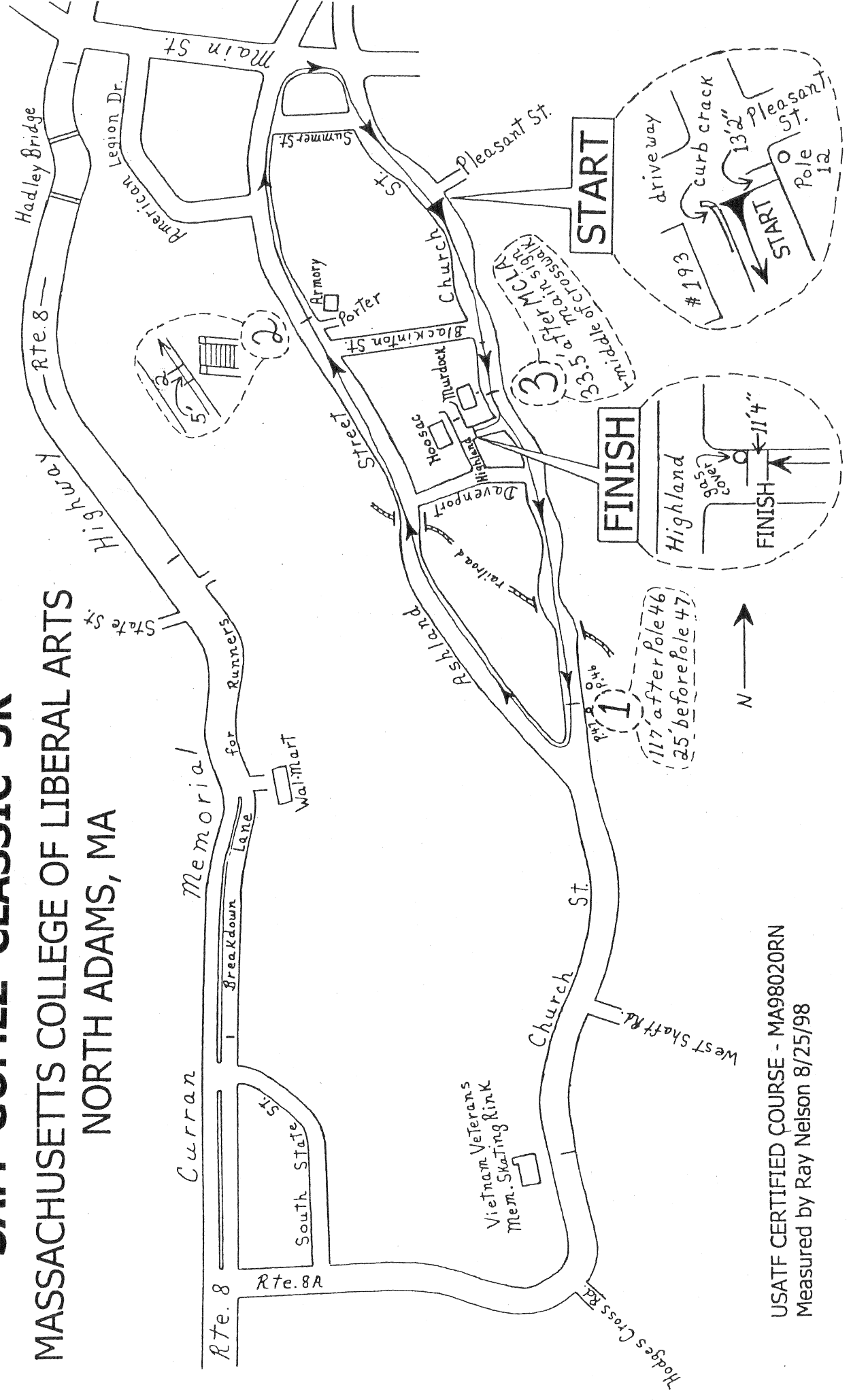
State _____ ZIP _____

In consideration of this entry being accepted, I for myself, heirs and executors, waive and release any and all rights and claims for personal damage I may have against the Massachusetts College of Liberal Arts Student Government Association officials, staff or organizers of any aforementioned parties.

Signature _____ Parent Signature _____
(if under 18)

SAM GOMEZ CLASSIC 5K

MASSACHUSETTS COLLEGE OF LIBERAL ARTS NORTH ADAMS, MA



USATF CERTIFIED COURSE - MA98020RN
Measured by Ray Nelson 8/25/98